San Antonio Independent School District

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Office of Athletics

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TO: **HIGH SCHOOL CROSS COUNTRY COACHES**

FROM: **SANDRA TAPIA**
ASSISTANT DIRECTOR OF ATHLETICS

SUBJECT: **SAISD METRO CROSS COUNTRY MEET**

DATE: **AUGUST 14, 2012**

REF. NO: **12/13 - 007**

The SAISD Athletic Department is pleased to invite your team(s) to participate in the 2012 Metro Cross Country Meet Saturday, October 20, 2012.

The entry fee will be $10.00 per runner or $100.00 per team (VB, VG, JV-B, JV-G) for schools that are not part of the "Area Athletic Director's Entry Fee Reciprocating Agreement". Teams may enter a J.V. team at no cost as long as they have a team in each of the Varsity Divisions.

This meet is limited to the following teams: Burbank, Edison, Highlands, Sam Houston, Jefferson, Lanier, Brandeis, Holmes, Jay, Marshall, Taft, Warren, Lee, MacArthur, Madison, Roosevelt, Del Rio, Alamo Heights, Harlandale, Clemens, Memorial, Central Catholic, Southside.

Mail checks to:
SAISD Metro Cross Country Meet
SAISD Athletic Office
Attn: Sandra Tapia
110 Tuleta Dr.
San Antonio, TX. 78212
or bring fee to registration on the day of the race.

A concession stand will not be provided.

Meet information is outlined on the attached pages. Course maps will be available on the day of the race. If you have any questions please do not hesitate to call 735-9331.

Entries must be submitted online at www.athletic.net *no later* than 3:00 p.m.,Tuesday, October 16, 2012. Instructions for submitting your entries are located on the last page of this document.

2012 SAISD METRO CROSS COUNTRY MEET

DATE: SAT., OCTOBER 20, 2012

SITE: SAN ANTONIO STATE HOSPITAL
6711 S. NEW BRAUNFELS AT PECAN VALLEY
SAN ANTONIO, TX. 78223

DISTANCE: GIRLS - (3 MILES) BOYS - (3 MILES)

ENTRIES: **VARSITY COMPETITION** IS LIMITED TO A MAXIMUM OF SEVEN RUNNERS IN EACH DIVISION ENTRY FEE: $100.00 PER VARSITY TEAM - $10.00 FOR INDIVIDUAL RUNNERS OF ANY SCHOOL NOT A PART OF THE "AREA ATHLETIC DIRECTOR'S RECIPROCATING AGREEMENT". NO COST FOR J.V. TEAM ENTRIES PROVIDING BOTH VARSITY DIVISION TEAMS ARE ENTERED.

JV COMPETITION IS UNLIMITED NUMBER OF RUNNERS: ONE TEAM IN EACH DIVISION: TOP SEVEN RUNNERS WILL BE SCORED FOR TEAM POINTS.

MAIL THE CHECK TO SAISD ATHLETIC OFFICE
ATTN: SANDRA TAPIA -
OR PAY FEE ON DAY OF THE RACE.

CHECK IN: COACHES NEED TO CHECK IN AT THE TENT TO PICK UP MEET INFORMATION MATERIALS.

NOTE: PLEASE HELP KEEP YOUR AREA CLEAN AND FREE OF TRASH. THE STATE HOSPITAL STAFF HAS ASKED THAT WE ADHERE TO THE FOLLOWING:

- SPEED LIMIT IS 5 MPH.
- STAY OUT OF ALL BUILDINGS
- MONITOR ATHLETES OVER THE ENTIRE COURSE.
- BE AWARE OF ANY PATIENTS IN THE BACKGROUND WHEN TAKING PICTURES.
- NO PETS ALLOWED ON GROUNDS.

TIMES:

7:15 - 8:15	AM	COACHES REGISTRATION & PACKET PICK-UP
8:30	AM	VARSITY GIRLS – 3miles
9:00	AM	VARSITY BOYS – 3 miles
9:30	AM	JV GIRLS – 3 miles
10:00	AM	JV BOYS – 3 miles

AWARDS: COACHES MAY PICK UP TEAM MEDALS AND TROPHIES FROM THE REGISTRATION TABLE ONCE THE RESULTS HAVE BEEN POSTED. THE TOP TEN MEDALS WILL BE GIVEN TO THE RUNNERS AS THEY COME THROUGH THE CHUTE.

TEAM AWARDS:

VARSITY DIVISION:
TROPHIES: 1ST, 2ND & 3RD
(GIRLS & BOYS TEAMS)
MEDALS: 1ST, 2ND & 3RD
(GIRLS & BOYS TEAMS)

JUNIOR VARSITY DIVISION:
MEDALS 1ST & 2ND
(GIRLS & BOYS TEAMS)

INDIVIDUAL AWARDS:

VARSITY DIVISION
INDIVIDUAL MEDALS: 1ST THRU 10TH
(GIRLS & BOYS)

JUNIOR VARSITY DIVISION
INDIVIDUAL MEDALS 1ST THRU 10TH
(GIRLS & BOYS)

IF FURTHER INFORMATION IS NEEDED DO NOT HESITATE TO CONTACT SANDRA TAPIA, ASSISTANT ATHLETIC DIRECTOR AT (210) 735-9331.

IN THE EVENT OF EXTREME RAIN AND/OR FLOODING THE MEET WILL BE CANCELED.

CALL 735-9331 FOR INCLEMENT WEATHER INFORMATION.
CLEARLY LEAVE YOUR NAME & PHONE NUMBER FOR A RETURN CALL.
PLEASE ALLOW AT LEAST 15 MINUTES FOR A RETURN CALL.

SAISD Metro CC Meet (#60562)
Online Entry Submission

This meet is using free online registration at Athletic.net!

Athletic.net is a resource for Track & Field and Cross Country coaches, offering free **statistic tracking**, easy **meet registrations**, free **meet managers**, and free tools to simplify coaching tasks. ***Follow the 4 steps below to get started:***

1. Sign up for a free coach account

(if you do not have one)

- Go to the website: www.athletic.net
- Click on 'Sign up for a free coach account' on the homepage
- Complete the signup wizard
- After receiving the confirmation email, go on to #2

2. Add meets to your season calendar

- Login to Athletic.net using your email address and password
- Click on your team's name in the left navigation bar
- Click "**Add Meet**" above your calendar box
- Where it says "Meet ID:" enter **60562** and click **Add**
- Review the information and click **Save and Continue >**
- You may need to click **Save and Continue >** again
- Repeat this process for the rest of your season calendar *(You can also add meets by date, if you don't know the Meet ID)*
- Verify that your calendar is correct. Use the Edit button next to meets to make corrections

3. Enter team roster

- Click "**Edit Athletes**" on the Coaches Toolbar, on your team's page
- Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option

4. Register athletes for the SAISD Metro CC Meet

- Locate **SAISD Metro CC Meet** on your team's main cross country page and click on it
- On the right under **Team Tools,** click **Register Athletes**.
- Click **Increment Divisions** to quickly register all your athletes in the first race division,
- or manually select the race division for each athlete
- Use the boxes on the bottom of the page to add additional athletes to your roster

You can use the meet registration feature of Athletic.net for all your meets. You can print out and fax the entries, or the host team can download them from the website, all for free.