4A Area Track Meet @ Steele High School

GENERAL INFORMATION:

1. ONLY ¼" PYRAMID SPIKES MAY BE USED ON THE TRACK AND ON THE JUMPING SURFACES.]
2. Water is the only liquid allowed on the track and field. No colored drinks to be brought onto the field by any group.
3. No foreign materials of any kind should be placed on the track or jumping surface areas including dusts, powder, salt, etc: If temporary markers are needed on the track, tennis ball halves or similar materials are allowed.
4. All Shots & Discus will be weighed, marked, and impounded one hour before the competition begins.
5. All pole vaulters will be weighed and poles certified one hour before the competition begins. Coaches must report to the pole vaulter certification area (TBD) and initial the vaulting certification sheet.
6. Starting blocks will be furnished. No other blocks may be used
7. There is a limited dressing area, so students should be dressed in their track attire. Valuables should not be left in team camps or on the field.
8. UIL and National Federation Track & Field rules will be in force including uniform and jewelry rules. Please review all UIL and NFHS rules prior to the meet.
9. One coach per school will be permitted on the field during a specific field event. The coach must be in the designated "coaches box" for that specific field event. This is the designated area electronic devices can be used. **Students are not allowed to use cell phones or any electronic device on the field or in any competition areas.**
10. No radios or sound systems without earphones will be allowed in the stands. No cell phones or other communication devices will be allowed on the track, and/or on the field.
11. There will be no team camps on infield. Students will be allowed on the field for warm-up and competition. Coaches are allowed on infield to time and coach only. There will be no chairs allowed on the infield.
12. Starting Heights for pole vault and high jump will be determined by the Area Meet Directors based on district results.
13. All pole vaulters will be weighed in. It is the responsibility of the coach to verify the competitor will be using a legal pole rated at or above the athletes' weight by submitting UIL vaulter certification form at time of weigh in.
14. Field event medals will be given at the conclusion of each event on Wednesday once results have been verified. Athletes will pick up medals for running events after the completion of their event on Thursday and final results have been verified and announced.
15. There will be a trainer's tent one site for treatment of athletes that are injured during the course of the meet.

GIRLS RELAY FORM				
SCHOOL:		DUE THURSDAY AT 4:00 PM		
400 METER RELAY				
TYPE OR NEATLY PRINT NAMES BELOW:				
1.				
2.				
3.				
4.				
5. (ALT.)				
6. (ALT.)				

GIRLS RELAY FORM				
SCHOOL:		DUE THURSDAY AT 4:00 PM		
800 METER RELAY				
TYPE OR NEATLY PRINT NAMES BELOW:				
1.				
2.				
3.				
4.				
5. (ALT.)				
6. (ALT.)				

GIRLS RELAY FORM				
SCHOOL:		DUE THURSDAY AT 4:00 PM		
1600 METER RELAY				
TYPE OR NEATLY PRINT NAMES BELOW:				
1.				
2.				
3.				
4.				
5. (ALT.)				
6. (ALT.)				

BOYS RELAY FORM			
SCHOOL:		DUE THURSDAY AT 4:00 PM	

400 METER RELAY

TYPE OR NEATLY PRINT NAMES BELOW:

1.	
2.	
3.	
4.	
5. (ALT.)	
6. (ALT.)	

BOYS RELAY FORM			
SCHOOL:		DUE THURSDAY AT 4:00 PM	

800 METER RELAY

TYPE OR NEATLY PRINT NAMES BELOW:

1.	
2.	
3.	
4.	
5. (ALT.)	
6. (ALT.)	

BOYS RELAY FORM			
SCHOOL:		DUE THURSDAY AT 4:00 PM	

1600 METER RELAY

TYPE OR NEATLY PRINT NAMES BELOW:

1.	
2.	
3.	
4.	
5. (ALT.)	
6. (ALT.)	

TRACK & FIELD SUBSTITUTE CERTIFICATION FORM

(FOR USE BY COACH OF AREA QUALIFIER TO INFORM AREA MEET DIRECTOR AND COACH OF NEXT QUALIFIER OF SCRATCH)

_____	_____	_____
Event Scratched	School	Coach

_____	_____
Name of Athlete	Original Place in District Meet

_____	_____	_____
Name of Athlete Added (Next Qualifier)	Original Place in District Meet	School

_____
Coach

DEADLINE FOR CHANGES: NOON, TUESDAY, APRIL 15, 2014.

_____

Date Submitted to Area and Coach of next qualifier.

Coaches, please make your decisions on scratches as soon as possible so that the next athlete who moves up will have time to practice. If the situation is due to an injury and you do not know if your qualifier will be healthy enough until the last minute, you must notify the coach of the next place qualifier to be on standby. Please e-mail this form to sheila.henderson@lockhart.txed.net (District 27-4A) or stapia@saisd.net (District 28-4A)

This form needs to be sent to District Meet Director to very next qualifier. District Meet Director will send form to Area Meet Director. The coach submitting the form must contact the coach of the next qualifier.